

# H55iCafe

Intel® H55 Chipset

**ASRock**  
www.asrock.com



## Product Brief <<<<

- ASRock DuraCap (2.5 x longer life time), 100% Japan-made high-quality Conductive Polymer Capacitors
- Supports Dual Channel DDR3 2600+(OC)
- Dual VGA Output: DVI-D and D-Sub
- Turbo 50 Technology
- PCIE Gigabit LAN 10/100/1000 Mb/s, Dr. Debug
- Supports ASRock Instant Boot, Instant Flash, OC Tuner, IES, OC DNA, AIWI, APP Charger, Good Night LED, Multi-Speed Fan Control
- ErP/EuP Ready
- Free Bundle : CyberLink DVD Suite - OEM and Trial; Creative Sound Blaster X-Fi MB - Trial

## Detail Specification <<<

<b>Platform</b>	- ATX Form Factor: 12.0-in x 8.8-in, 30.5 cm x 22.4 cm - All Solid Capacitor design (100% Japan-made high-quality Conductive Polymer Capacitors)
<b>CPU</b>	- Supports Intel® Core™ i7 / i5 / i3 and Pentium® G6950 Processors in LGA1156 Package - 4 + 1 Power Phase Design - Supports Intel® Turbo Boost Technology - Supports Hyper-Threading Technology - Supports Untied Overclocking Technology - Supports EM64T CPU
<b>Chipset</b>	- Intel® H55
<b>Memory</b>	- Dual Channel DDR3 memory technology - 4 x DDR3 DIMM slots - Supports DDR3 2600+(OC)/2133(OC)/1866(OC)/1600/1333/1066 non-ECC, un-buffered memory - Max. capacity of system memory: 16GB - Supports Intel® Extreme Memory Profile (XMP)
<b>Expansion Slot</b>	- 1 x PCI Express 2.0 x16 slot (blue @ x16 mode) - 2 x PCI Express 2.0 x1 slots (2.5GT/s) - 2 x PCI slot
<b>Graphics *</b>	* Requires Processor with Intel® Graphics Technology - Intel® HD Graphics - Pixel Shader 4.0, DirectX 10 - Max. shared memory 1759MB - Dual VGA Output: support DVI-D and D-Sub ports by independent display controllers - Supports DVI with max. resolution up to 1920x1200 @ 60Hz - Supports D-Sub with max. resolution up to 2048x1536 @ 75Hz - Supports HDCP function with DVI port - Supports Full HD 1080p Blu-ray (BD) / HD-DVD playback with DVI port
<b>Audio</b>	- 5.1 CH HD Audio (Realtek ALC662 Audio Codec)
<b>LAN</b>	- PCIE x1 Gigabit LAN 10/100/1000 Mb/s - Realtek RTL8111C - Supports Wake-On-LAN
<b>Rear Panel I/O</b>	I/O Panel - 1 x PS/2 Keyboard Port - 1 x Serial Port: COM1 - 1 x VGA/D-Sub Port - 1 x VGA/DVI-D Port - 6 x Ready-to-Use USB 2.0 Ports - 1 x RJ-45 LAN Port with LED (ACT/LINK LED and SPEED LED) - HD Audio Jack: Line in / Front Speaker / Microphone
<b>Connector</b>	- 6 x SATAIII 3.0 Gb/s connectors, support NCQ, AHCI and Hot Plug functions - 1 x IR header - 1 x Power LED header - CPU/Chassis/Power FAN connector - 24 pin ATX power connector - 8 pin 12V power connector - Front panel audio connector - 2 x USB 2.0 headers (support 4 USB 2.0 ports) - 1 x Dr. Debug (7-Segment Debug LED)
<b>BIOS Feature</b>	- 16Mb AMI Legal BIOS - Supports "Plug and Play" - ACPI 1.1 Compliance Wake Up Events - Supports jumperfree - SMBIOS 2.3.1 Support - CPU VID, CPU GFX, VCCM, SB, VTT, PCH_PLL Voltage Multi-adjustment - Supports I. O. T. (Intelligent Overclocking Technology)
<b>Support CD</b>	- Drivers, Utilities, AntiVirus Software (Trial Version), ASRock Software Suite (CyberLink DVD Suite - OEM and Trial; Creative Sound Blaster X-Fi MB - Trial)
<b>Unique Feature</b>	- ASRock OC Tuner - Intelligent Energy Saver - Instant Boot - ASRock Instant Flash - ASRock OC DNA - ASRock AIWI - ASRock APP Charger - Hybrid Booster: - CPU Frequency Stepless Control - ASRock U-COP - Boot Failure Guard (B.F.G.) - Good Night LED - Turbo 50 / Turbo 100 Technology (Requires Processor with Intel® Graphics Technology)
<b>Hardware Monitor</b>	- CPU Temperature Sensing - Chassis Temperature Sensing - CPU/Chassis/Power Fan Tachometer - CPU Quiet Fan - CPU Fan Multi-Speed Control - Voltage Monitoring: +12V, +5V, +3.3V, CPU Vcore
<b>OS</b>	- Microsoft® Windows® 7 / 7 64-bit / Vista™ / Vista™ 64-bit / XP / XP 64-bit compliant
<b>Certifications</b>	- FCC, CE, WHQL - ErP/EuP Ready (ErP/EuP ready power supply is required)
<b>Accessories</b>	- Quick Installation Guide, Support CD, I/O Shield - 2 x SATA Data Cables (Optional)

The specification is subject to change without notice. The brand and product names are trademarks of their respective companies. Any configuration other than original product specification is not guaranteed.

# H55iCafe

Intel® H55 Chipset

**ASRock**  
www.asrock.com



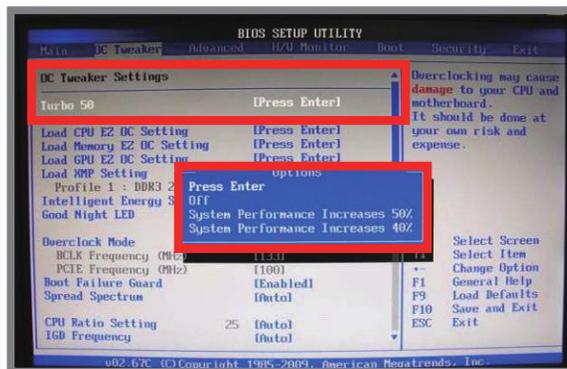
## System Performance boosts

up to **50%** increase

Simply click the Turbo 50 button in BIOS, the system performance will **boost up to 50% increase** by automatically overclocking CPU, Memory, GPU frequency and all related voltage settings!

Below table shows that enable Turbo 50 on H55M Pro, the performance will boost up to 50% increase!

Model	H55M Pro
Chipset	Intel H55
BIOS	P1.20
CPU	Core i3 530 2.93 GHz
RAM	Kingston DDR3-1600 2GB*2
VGA	Intel HD Graphics
HDD	Seagate Barracuda 7200.12 250GB



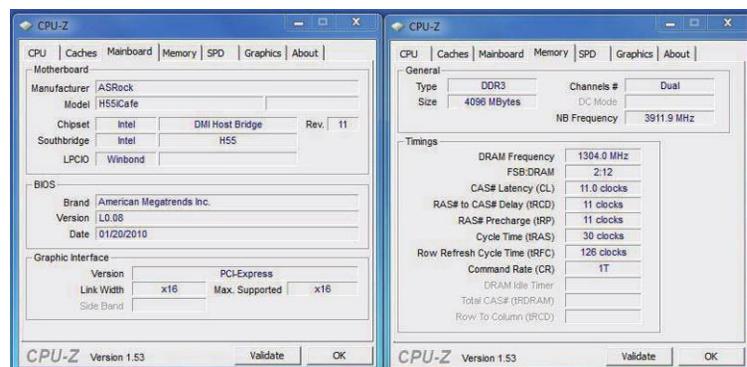
### Turbo 50 Performance Test Result

H55M Pro/ Core i3 530	CPU Frequency	Memory Frequency	GPU Frequency	3DMARK 06	PCMARK Vantage	Super PI
Turbo 50 Off	2.93GHz	1333MHz	733MHz	1767	4661	14.485
Turbo 50 On	4GHz	1456MHz	867MHz	2665	5453	10.641
Percentage Increase	36.66%	9.23%	18.28%	50.82%	16.99%	26.54%

Note: The overclocking performance depends on the system configuration you adopt. We do not guarantee the overclocking performance.



## The World's Fastest Memory DDR3 2600+ support





ASRock AIWI software introduces a new way of PC gaming operation. ASRock AIWI is the world's first software to turn your iPhone/iPod touch as a game joystick to control your PC games. Just to install the ASRock AIWI software on your ASRock motherboard, connect your PC and apple devices via Bluetooth or WiFi networks, then you can start experiencing the exciting motion controlled games.



## ASRock AIWI Quick Start Guide

### Step 1.

Download and install the ASRock AIWI PC software on ASRock PC:



### Step 2.

Free download AIWI-Lite from App Store and install to your iPhone / iPod Touch:



### Step 3.

Connect your iPhone / iPod touch with ASRock PC via WiFi or bluetooth.



### Step 4.

Execute ASRock AIWI software on the PC and log in to register to become a new AIWI member, then you can receive continues new games update.





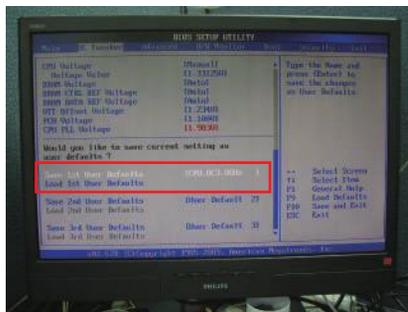
## OC DNA

Save your OC settings as a profile and share with friends. Try OC DNA now!

## OC DNA Instruction

### Step 1

Save your BIOS OC settings as User Default in BIOS OC Tweaker menu. (For example: we name this User Default setting as "CPU\_OC3.8GHz")



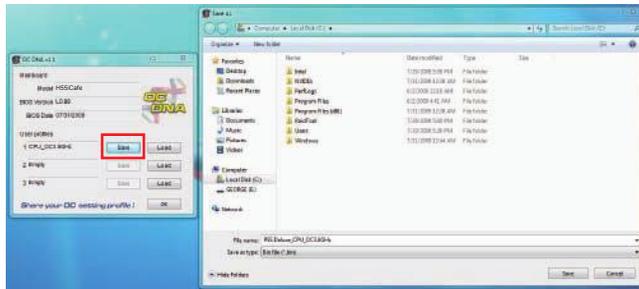
### Step 2

Execute ASRock OC DNA under OS, you will find "CPU\_OC3.8GHz" as User Profile 1.



### Step 3

Press "Save" button to save the "CPU\_OC3.8GHz" OC settings as a profile.



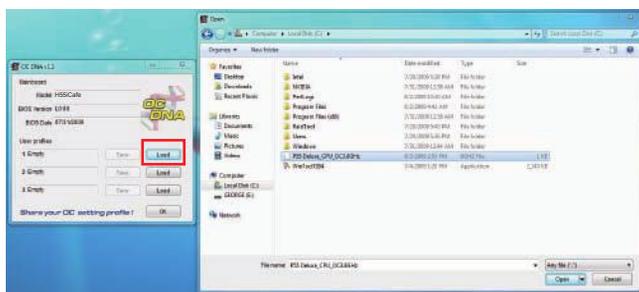
### Step 4

Send the "CPU\_OC3.8GHz" profile to other friends.



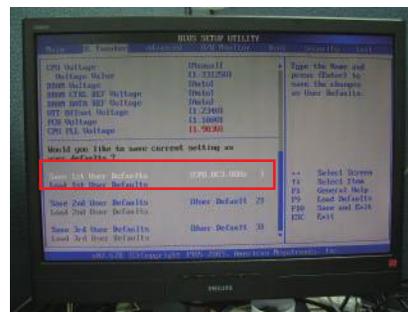
### Step 5

When the friend receives your "CPU\_OC3.8GHz" profile, he can press "Load" to load the "CPU\_OC3.8GHz" profile in OC DNA.



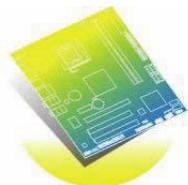
### Step 6

After that, the friend can enter into BIOS OC Tweaker menu to load the "CPU\_OC3.8GHz" profile as his BIOS OC settings.



Now, you have successfully share your OC setting profile with your friends.

\*The OC DNA works only when users use the same motherboard and BIOS version.



ErP/EuP Ready Motherboard



ErP/EuP Ready Power Supply

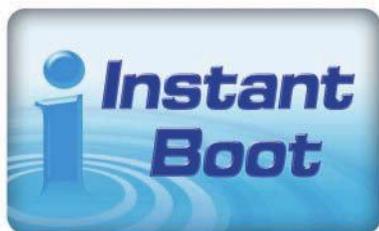


ErP/EuP System

## What is ErP/EuP?

ErP/EuP, stands for Energy Using Product, was a provision regulated by European Union to define the power consumption for the completed system. With the great quantity and the popularly using of the electrical products nowadays and the continuously increasing of the electrical products categories in the following 20 to 30 years, European Union decided to establish an effective strategy to solve the energy consumption problem. That is, according to ErP/EuP, the total AC power of the completed system shall be under 1.00W in off mode condition.

## ASRock Instant Boot



ASRock Instant Boot is a new feature invented exclusively by ASRock. It can boot up system in an amazing speed, which is 10 times faster than traditional boot up. For home users or office PC users, ASRock Instant Boot can also guarantee a clean Windows OS, and consumed less power! For details: <http://www.asrock.com/feature/InstantBoot/index.asp>

\* This function is applicable ONLY to single user that does not secure ID and Password to their systems.

\* The boot up time depends on the hardware configuration.

## 10 Times Faster, Only 4 Secs to Boot Up to Windows!

### ASRock YouTube

<http://tw.youtube.com/watch?v=BucljXZVxXo>



## ASRock Instant Flash

ASRock Instant Flash is an exclusive and the most user-friendly BIOS flash utility developed by ASRock. It is embedded in Flash ROM which is used to update the system BIOS without having to enter operating systems like MS-DOS or Windows.



### Features

Once executing ASRock Instant Flash, the utility will automatically detect all devices such as USB, hard disk or even floppy drive to find the exact BIOS for your system. Instead of giving you all BIOS in your devices, the Instant Flash just list BIOS versions that apply to your motherboard model only. For example, if you have many different BIOS of different motherboards saved in your devices, but you just need to flash your P45 motherboard, the Instant Flash will just list the P45 BIOS versions for you. This unique function allows you to easily select the suitable BIOS version instead of browsing through all data.



Instant Flash just list BIOS versions that apply to your motherboard model.

**Simple!**



Click and start Flashing!

**Quick!**



- ★ CyberLink Power2Go 6.1 LE OEM
- ★ CyberLink MediaShow 4.1 SE OEM
- ★ CyberLink PowerDVD 8.0 DTS Trial
- ★ CyberLink PowerDirector 8.0 Trial
- ★ CyberLink PowerBackup 2.5 Trial
- ★ Creative Sound Blaster X-Fi MB Trial

**CyberLink**



## **CyberLink Power2Go 6.1 LE OEM**

Power2Go 6 lets you burn and backup videos, photos, music and data onto Blu-ray Discs and DVDs.

## **CyberLink MediaShow 4.1 SE OEM**

Photo and video management software MediaShow edits videos and photos instantly, creates slideshow, and allows publishing directly to YouTube and Flickr.

## **CyberLink PowerDVD 8.0 DTS Trial**

World-renowned PowerDVD 8 DTS delivers outstanding DVD movie playback quality on your PC.

## **CyberLink PowerDirector 8.0 Trial**

PowerDirector - Video Editing software – edits high-definition videos including AVCHD, allows output to PSP iPod and Blu-ray Disc.

## **CyberLink PowerBackup 2.5 Trial**

PowerBackup backups valuable data on your PC.

## **Creative Sound Blaster X-Fi MB Trial**

The Sound Blaster X-Fi MB solution provides premium audio quality, effects and features for PC systems equipped with onboard audio.

For gamers, the EAX® ADVANCED HD 4.0, with its state-of-the-art Multi-Environment rendering and reverb modelling, delivers a much more realistic and immersive 3D gaming experience than your motherboard audio ever will.